

# The Modern Management of Temporomandibular Disorders

## Course Venue

Jurys Inn  
Oxford Hotel & Conference Venue  
Godstow Road, Oxford, OX2 8AL  
Tel: +44 1865 489 988

## EACMFS Credit Points

The course is pending for EACMFS credit points.

## Course Language

English, no simultaneous translation provided

## Registration

[info.uk@klsmartin.com](mailto:info.uk@klsmartin.com)

Course fee: £ 50 (for trainees)  
£ 75 (for non-trainees)

Program contents are subject to possible changes.

## In cooperation with

## Rhombic 3D Condylar Fracture Plate

Three-dimensional geometries  
for multilateral forces



**Oxford, UK**

**April 21<sup>st</sup>, 2017**



# The Modern Management of Temporomandibular Disorders

## Course Chairman



**Nadeem Saeed,**  
Oxford, United Kingdom

## Faculty

<b>Niall McLeod,</b> Oxford, UK	<i>(NM)</i>
<b>Florencio Monje,</b> Badajoz, Spain	<i>(FM)</i>
<b>Nadeem Saeed,</b> Oxford, UK	<i>(NS)</i>
<b>Gerhard Undt,</b> Vienna, Austria	<i>(GU)</i>

## Who should attend

This meeting should be of interest to all professionals involved in the initial assessment or management of temporomandibular disorders including consultants and trainees in oral and maxillofacial surgery or oral surgery and general dental or medical practitioners.

## Course aim

The course will focus on the basic principles of assessment and management of temporomandibular disorders including updates on the management of myofascial pain and internal derangement. Indications for surgery will be highlighted and active interaction encouraged with panel questioning on basic management techniques and areas of controversy.

## Program

Friday, April 21<sup>st</sup>, 2017

08:15 - 08:45	Registration	
08:45 - 09:00	Welcome and introduction	<i>NS</i>
<b>Session 1 (09:00 - 10:30)</b>		
<b>Overview of TMD</b>		
09:00 - 09:15	Basic anatomy and TMJ physiology	<i>NM</i>
09:15 - 09:30	Overview of temporomandibular disorders	<i>NS</i>
09:30 - 09:45	Management of myofascial pain	<i>NM</i>
09:45 - 10:30	Panel discussion <i>What does conservative therapy mean? What is the role of imaging in initial assessment?</i>	
10:30 - 11:00	Coffee Break	
<b>Session 2 (11:00 - 12:45)</b>		
<b>Internal Derangement</b>		
11:00 - 11:15	Diagnosis and classification and conservative management	<i>GU</i>
11:15 - 11:30	Arthrocentesis and arthroscopic lysis and lavage	<i>FM</i>
11:30 - 11:45	Advanced arthroscopic surgery	<i>GU</i>
11:45 - 12:00	Open surgery	<i>FM</i>
12:00 - 12:45	Panel discussion <i>Is the position of the disc important? How do you manage a painful clicking/locking joint?</i>	
12:45 - 13:30	Lunch	
<b>Session 3 (13:30 - 15:00)</b>		
<b>Arthritic Disease</b>		
13:30 - 13:45	Diagnosis and classification of arthritic disease	<i>NM</i>
13:45 - 14:00	Management of inflammatory arthropathies	<i>NS</i>
14:00 - 14:15	Ankylosis	<i>GU</i>
14:15 - 14:30	Reconstruction of the TMJ	<i>NS</i>
14:30 - 15:00	Panel discussion <i>Is there a role for steroid injections in the joint? When is the right time for a joint replacement?</i>	
15:00 - 15:30	Coffee Break	
<b>Session 4 (15:30 - 17:00)</b>		
<b>TMJ Pathology</b>		
15:30 - 15:45	Recurrent dislocation	<i>GU</i>
15:45 - 16:00	Occlusion, orthognathic surgery and TMD's	<i>FM</i>
16:00 - 16:15	Condylar resorption	<i>FM</i>
16:15 - 16:30	Condylar hyperplasia	<i>NM</i>
16:03 - 16:45	Paediatric TMJ disorders	<i>NS</i>
16:45 - 17:00	Rare diseases	<i>NS</i>
17:00 - 17:30	Final discussion and open questions	
17:30	End of the course	