



Preliminary program

# AOCMF Course—Aesthetic and Functional Surgery of the Face and Neck with Human Anatomical Specimens

October 10-11, 2019 Vienna, Austria

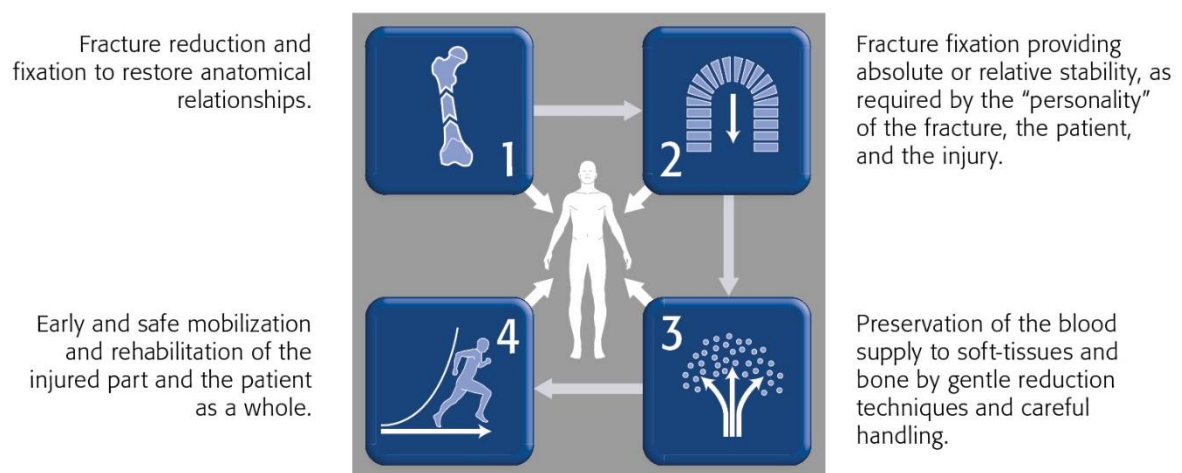
## Mission

The AO's mission is promoting excellence in patient care and outcomes in trauma and musculoskeletal disorders.

## Purpose statement

Our purpose is promoting excellence in patient care and outcomes in craniomaxillofacial surgery across all specialties.

## The AO principles of fracture management



## Welcome

On behalf of AOCMF (the craniomaxillofacial clinical division of the AO Foundation), it is my pleasure to personally welcome you to this educational event.

When I attended my first AO course back in 1990, it was at a turning point in my career. By getting to know the AO, I found an extremely valuable learning resource—and a community of friends for life. I hope your experience with us today will be equally rewarding, and maybe change the way you practice medicine.

When I say community, I mean just that. AOCMF is a multidisciplinary community of clinicians of many nationalities and specialties. Today, our AOCMF community has more than 3,400 members. We are at the forefront of education and new developments. We pride ourselves on offering unique learning and networking opportunities to more than 7,000 passionate surgeons worldwide—every year.

Through our educational activities, membership program, social media presence and website, we aspire to encourage and inspire surgeons—residents, fellows, and practitioners—to pursue fulfilling careers in our field. We endeavor to provide lifelong learning opportunities and career development for interested surgeons. Almost every aspect of craniomaxillofacial surgery is covered, with a major focus in best clinical practice, research and new technologies founded in competence-based education.

We hope that your experience with our faculty, chairs, and your peers over the next few days will help you develop new knowledge, skills, and understanding that you can directly apply to your own practice. And we hope that this experience will inspire you to build professional and personal lifelong friendships, just as I have over the past three decades.

We value your participation and encourage you to share your ideas, unique perspectives, and opinions to help build and enhance our dynamic community. Together, we are improving patient care by sharing knowledge and best practices, as reflected in our mission statement: “Excellence in facial surgery across the specialties.”

I wish you an outstanding learning experience.

Yours sincerely,



**Gregorio Sánchez-Aniceto**  
AOCMF International Chair

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## Goal of the course

The goal of the course is to give the participants an overview of esthetic and functional surgical procedures of the face and neck. This course will help the participants to develop their professional competencies, enhance their practical skills, and elevate their aesthetic practice.

## Target participants

This course is aimed at fully qualified specialists in oral and maxillofacial surgery, ENT surgery, or plastic and reconstructive surgery, as well as residents in their last years of training.

## Learning objectives

After the course, participants will be able to:

- Describe the surgical anatomy of the face and neck
- Recognize the differences of the anatomical structures in females and males
- Describe the theoretical process of treatment planning and perform the steps is using fillers, botulinum toxin, and threads
- Describe how to perform common aesthetic and functional surgical procedures of the face and neck
- Describe the major complications after surgery of the face and neck

## Course description

This two-day intensive course on fresh frozen human anatomical specimens is designed to present and covers all essential procedures in aesthetic and functional surgery of the face and neck.

Two participants will share one specimen station. Each session will include a step by step introduction followed by an on-site demonstration. We offer you the chance to practice under the guidance of experts who will share their in-depth knowledge and experience as well as tips and tricks.

## Course Director



**Christos Perisanidis**  
University of Athens, Athens, Greece

## Course Chair



**Emeka Nkenke**  
Medical University of Vienna, Vienna, Austria

## International Faculty

**David Kriet**, University of Kansas Medical Center, Kansas City, United States

**Travis Tollefson**, University of California, Davis Medical School, Sacramento, United States

## Regional Faculty

**Nikolaos Papadogeorgakis**, Evaggelismos General Hospital, Athens, Greece

**Majeed Rana**, Heinrich-Heine-Universität, Düsseldorf, Germany

## National Faculty

**Paul Wolfgang Pöschl**, Klinikum Wels-Grieskirchen, Wels, Austria

## Guest Speaker

**Michael L. Pretterklieber**, Medical University of Vienna, Vienna, Austria

## Thursday, October 10, 2019

TIME	DURATION	AGENDA ITEM	CONTRIBUTOR
07:30-08:00	30	Registration	
08:00-08:20	20	Welcome address and introduction	Christos Perisanidis, Emeka Nkenke
08:20-08:40	20	AO History, structure and membership	Christos Perisanidis
08:40-09:00	20	Clinically Oriented Surgical Anatomy of the Face and Neck	Michael L. Pretterklieber
<b>Session I</b>		<b>Injectable Treatments</b>	
09:00-10:00	60	Facial Fillers: Nasolabial folds Cheek augmentation Peri-oral wrinkles Lip augmentation Marionette lines Chin crease Glabella	David Kriet
10:00-11:00	60	Botulinum Toxin: Glabella Forehead Brow lift Crows Gummy smile Smokers lines	David Kriet
11:00-11:15	15	COFFEE BREAK	
<b>Session II</b>		<b>Facelift, Necklift and Browlift</b>	
11:15-13:00	105	SMAS Facelift	David Kriet
13:00-14:00	60	LUNCH	
14:00-14:30	30	Necklift	David Kriet

14:30-15:30	60	Browlift	David Kriet
<b>Session III</b>		<b>Facial Nerve</b>	
15:30-17:00	90	Facial nerve dissection	Nikolaos Papadogeorgakis
17:00		End of Day 1	



## Friday, October 11, 2019

TIME	DURATION	AGENDA ITEM	CONTRIBUTOR
<b>Session IV</b>	<b>Upper Lip Lift and Rhinoplasty</b>		<b>Moderator</b>
08:00-08:45	45	Upper Lip Lift	David Kriet Travis Tollefson
08:45-10:00	75	Aesthetic Rhinoplasty	David Kriet
10:00-10:15	15	COFFEE BREAK	
10:15-11:00	45	Functional Rhinoplasty	Travis Tollefson
11:00-11:30	30	Cleft Rhinoplasty	Emeka Nkenke
<b>Session V</b>	<b>Blepharoplasty</b>		
11:30-12:00	30	Upper Blepharoplasty	Travis Tollefson
12:00-12:30	45	Lower Blepharoplasty	Travis Tollefson
12:30-13:00	30	Lateral Tarsal Strip	Travis Tollefson
13:00-14:00	60	LUNCH	
<b>Session VI</b>	<b>Orthognathic Surgery</b>		
14:00-14:45	45	Le Fort I Osteotomy	Majeed Rana
14:45-15:30	30	Chin-Wing	Majeed Rana
15:30-16:00	30	Zygomatic Bone Advancement	Majeed Rana
<b>Session VI</b>	<b>Orbital and Coronal Approaches</b>		
16:00-16:30	30	Transconjunctival Approach	Paul Wolfgang Pöschl
16:30-17:00	30	Transcaruncular Approach	Paul Wolfgang Pöschl

17:00-18:00	60	Coronal Approach	Christos Perisanidis
18:00	End of the course		

## Event organization

### **AOCMF**

Edina Buzas  
Clavadelerstrasse 8  
Davos Platz, Switzerland  
Phone +41 81 414 25 58  
Fax +41 81 414 22 80  
Email [edina.buzas@aocmf.org](mailto:edina.buzas@aocmf.org)

### **AO funding sources**

Unrestricted educational grants from different sources are collected and pooled together centrally by the AO Foundation. All events are planned and scheduled by local and regional AO surgeon groups based on local needs assessments. We rely on industrial/commercial partners for in-kind support to run simulations/skills training if educationally needed.

## Event information and logistics

### **AO Courses Austria**

Sylvia Reischl  
Phone +43 664 925 3869  
Email [reischl.sylvia@ao-courses.com](mailto:reischl.sylvia@ao-courses.com)

### **Event organization compliance**

In certain countries where AO has no office but offers educational events, the AO cooperates with third party companies to conduct local organization and logistics, as well as to communicate with participants in the local language. In these cases the AO has put rules and guidelines in place (Letter of Secondment, AO Foundation—Principles of AO Educational Events) to ensure that this cooperation has no impact on the curricula, scientific program, or faculty selection.

## Event venue

### **Medizinische Universität Wien**

Anatomisches Institut (Center for Anatomy)  
Währinger Straße 13, 1090 Wien, Austria  
Phone +43 1 401600  
[www.meduniwien.ac.at](http://www.meduniwien.ac.at)

## General information

### Event Registration

Please register online at:

<http://AOCMF10009184.aocmf.org>

### Event fee

AOCMF Course— Aesthetic and Functional Surgery of the Face and Neck with Human Anatomical Specimens: EUR 1.090.-

Member: EUR 1.035.50

Member Plus: EUR 985.-

Included in the event fee are conference bag with documentation, coffee breaks, lunches and course certificate.

### European CME Accreditation

An application has been made to the UEMS—EACCME® in Brussels for CME accreditation of this event.

### Conflicts of Interest (COI)

All disclosure information can be viewed at the event webpage:

<http://AOCMF10009184.aocmf.org>

### Evaluation guidelines

All AOCMF events apply the same evaluation process, either online (pre- and post-event evaluation) or/and on-site by audience response system (ARS) or paper and pencil questionnaires. This helps AOCMF to ensure that we continue to meet your training needs.

### Intellectual property

Event materials, presentations, and case studies are the intellectual property of the event faculty. All rights are reserved. Check hazards and legal restrictions on [www.aofoundation.org/legal](http://www.aofoundation.org/legal).

Recording, photographing, or copying of lectures, practical exercises, case discussions, or any event materials is absolutely forbidden.



The AO Foundation reserves the right to film, photograph, and audio record during their events. Participants must understand that in this context they may appear in these recorded materials. The AO Foundation assumes participants agree that these recorded materials may be used for AO marketing and other purposes, and made available to the public.

### Security

There will be a security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

### No insurance

The event organization does not take out insurance to cover any individual against accidents, theft, or other risks.

### Mobile phone use

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please

be considerate of others by turning off your mobile phone.

**Transportation**

Not provided to participants

**Dress code**

Casual

**Event language**

English

## Sponsors

We thank our major industry partner DePuy Synthes for providing an unrestricted educational grant without which this event would not be possible and for contributing in-kind support (material and logistics).

# AO Foundation—Principles of AO Educational Events

## 1) Academic independence

Development of all curricula, design of scientific event programs, and selection of faculty are the sole responsibilities of volunteer surgeons from the AO network. All education is planned based on needs assessment data, designed and evaluated using concepts and evidence from the most current medical education research, and involving the expertise of the AO Education Institute ([www.aofoundation.org](http://www.aofoundation.org)).

Industry participation is not allowed during the entire curriculum development and planning process to ensure academic independence and to keep content free from bias.

## 2) Compliance to accreditation and industry codes

All planning, organization, and execution of educational activities follow existing codes for accreditation of high-quality education:

- Accreditation Criteria of the Accreditation Council for Continuing Medical Education, USA ([www.accme.org](http://www.accme.org))
- ACCME Standards for Commercial Support: Standards to Ensure Independence in CME Activities ([www.accme.org](http://www.accme.org))
- Criteria for Accreditation of Live Educational Events of the European Accreditation Council for Continuing Medical Education ([www.uems.eu](http://www.uems.eu))

Events that receive direct or indirect unrestricted educational grants or in-kind support from industry also follow the ethical codes of the medical industry, such as:

- Eucomed Guidelines on Interactions with Healthcare Professionals ([www.medtecheurope.org](http://www.medtecheurope.org))
- AdvaMed Code of Ethics on Interactions with Health Care Professionals ([advamed.org](http://advamed.org))
- Mecomed Guidelines on Interactions with Healthcare Professionals ([www.mecomed.org](http://www.mecomed.org))

## 3) Branding and advertising

No industry logos or advertising (with the exception of the AO Foundation and AO Clinical Division) are permitted in the area where educational activities take place.

Sponsors providing financial or in-kind support are allowed to have a promotional booth or run activities outside the educational area with approval from the event chairperson.

## 4) Use of technologies and products in simulations

If case simulations are chosen as an educational method to educate skills, we only use technology approved by the AOTK System (AOTK)—a large independent group of volunteer surgeons developing and peer-reviewing new technology (more information about AOTK, its development and approval process can be found on the AO Foundation website:

[www.aofoundation.org](http://www.aofoundation.org)).

## 5) Personnel

Industry staff is not allowed to interfere with the educational content or engage in educational activities during the event.