

# AO CMF Lighthouse Course— Aesthetic and Functional Surgery of the Face and Neck

Course with human anatomical specimens

May 03-05, 2023

Madrid, Spain

**PROGRAM**



## Mission

The AO's mission is promoting excellence in patient care and outcomes in trauma and musculoskeletal disorders.

## Purpose statement

Our purpose is promoting excellence in patient care and outcomes in craniomaxillofacial surgery across all specialties.

## The AO principles of fracture management

1



Fracture reduction and fixation to restore anatomical relationships

2



Fracture fixation providing absolute or relative stability, as required by the "personality" of the fracture, the patient, and the injury

3



Preservation of the blood supply to soft-tissues and bone by gentle reduction techniques and careful handling

4



Early and safe mobilization and rehabilitation of the injured part and the patient as a whole

# Content

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# Welcome

## Dear participant,

Wherever you are in the world, we welcome you to this educational activity!

In the last few years, a revolution has occurred in education and how training is delivered. You are now able to access and participate in educational events taking place anywhere around the world, 24 hours a day, seven days a week. The AO promises you gold-standard education and opportunities to engage with experts and like-minded peers from around the world and across the specialties.

With the support of outstanding AO faculty, the AO Education Institute, and partners, we are dedicated to helping you achieve your goals and supporting you in your lifelong learning journey.

Enjoy this event, participate and interact with your faculty, build new friendships, and get the most out of your experience. Be confident: you are now part of the AO network, a group of over 215,000 health care professionals all over the world. Together, we take forward the mission of promoting excellence in patient care.

Please take some time to review all that we have to offer you. AO CMF membership will open many doors for you to learn and expand your network.

Yours sincerely,



**Stefano Fusetti**  
Chairperson  
AO CMF Education Commission



**Christos Perisanidis**  
Course Director

## Continue to learn with AO CMF

No other organization provides as many learning opportunities in the craniomaxillofacial arena as AO CMF. Explore the AO CMF website to access additional educational tools and events, and discover new contacts in the fields of:

- Cranial trauma including skull base
- Midface trauma
- Mandibular trauma
- Dento-alveolar trauma
- Congenital deformities
- Secondary correction of posttraumatic deformities
- Orthognathic surgery
- Head and neck oncology and post-ablative reconstruction
- Nasal reconstruction
- Facial nerve paralysis and reanimation

## The world of AO CMF

[Discover all the benefits of being an AO CMF member](#)

[Course and event finder](#): Find upcoming events.

[AO CMF Online Campus](#): live online education with a monthly program

[AO Surgery Reference: your step-by-step guide to the complete management of facial surgery from diagnosis to aftercare](#)

[AO videos library \(members only\)](#): skills training videos, recorded webinars, and online events

[myAO](#): mobile app that allows you access to the AO global network and the wide array of available content

[AO CMF community](#): Meet some of the most prominent voices in AO CMF.

[Journals and publications —must-have CMF books and latest scientific publications in the field](#)

[Fellowships](#): AO CMF-sponsored fellowships around the globe

[Research](#): Discover the latest research projects and grants sponsored by AO CMF.

# Course description

The course is delivered through a series of modules covering the entire patient journey (diagnosis to postop care) and the most essential procedures for daily practice in aesthetic and functional surgery. Each procedure is addressed in a 3-step approach:

1. Presentation (or video) to introduce the steps around a case
2. Demonstration of the procedure by expert faculty
3. Participants complete the procedure and receive faculty feedback

# Goal of the course

This course shines a light on the current management of aesthetic, functional, and secondary issues related to aging, congenital, posttraumatic and tumor pathologies. A multidisciplinary faculty covers core procedures (soft tissue and bone) for the nose, eyes, ears, and lips, as well as facial palsy and feminization. The content focuses on implementation in daily practice and patient safety.

# Target participants

Qualified craniomaxillofacial, plastic, oculoplastic, and ear, nose, and throat surgeons and residents in the late stages of training who are performing aesthetic and functional surgery procedures.

# Learning objectives

Relevant to common aesthetic & functional surgery of face & neck, the participants at end of course will be able to:

- Analyze the problem correctly
- Realize the treatment options and develop a good treatment to address the patient's need
- Describe the steps in the procedure
- Perform the steps (address patient safety and apply tips and tricks)
- Discuss how to avoid and treat complications
- Communicate with the patient

## Chairpersons



**Christos Perisanidis**  
Course Director  
University of Athens,  
Athens, Greece



**Ignacio Ismael García Recuero**  
Course Chair  
Hospital Infantil Universitario Niño Jesús  
Madrid, Spain

## International faculty

Amir El Barbary, Ain Shams University, Cairo, Egypt

Michael Grant, University of Maryland School of Medicine, Baltimore, USA

## Regional faculty

Goetz Giessler, Kassel Clinic, Kassel, Germany

Nick Papadogeorgakis, Evaggelismos General Hospital, Athens, Greece

Majeed Rana, Heinrich-Heine-Universität Düsseldorf, Germany

## National faculty

Miguel Burgueño, Hospital Universitario La Paz, Madrid

## Guest faculty

Tamara García Jiménez, Hospital Nuestra Señora del Rosario, Madrid

Javier Gutiérrez Santamaría, Hospital Universitario Vall D'Hebron, Barcelona, Spain

## Table Instructors

Philip J. Brabyn, Hospital Infantil Universitario Niño Jesús, Madrid, Spain

Victor Zafra Vallejo, Hospital Universitario 12 de Octubre, Madrid, Spain

# Wednesday

May 3, 2023

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08:00–08:30 Registration

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08:30–08:45 Welcome address and introduction

C Perisanidis, I García  
Recuero

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## Hands-on practical exercises with human anatomical specimens

### Module 1 Injectable treatments

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08 :45–09 :45 **Facial filler:**

T García

Tear trough  
Cheek augmentation  
Nasolabial folds  
Lip augmentation  
Marionette lines  
Chin augmentation  
Jawline augmentation

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09 :45–10 :45 **Botulinum toxin:**

T García

*Aesthetic treatment:*

Glabella  
Forehead  
Brow lift  
Crows  
Smoker's lines

*Functional treatment:*

Gummy smile  
Masseter hypertrophy  
Facial palsy

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10:45–11:00 *Coffee Break*

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11 :00–11 :30 Thread lift

T García

### Module 2 Oculoplastic surgery

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11:30–12:30 Upper blepharoplasty

M Grant

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12:30–13:15 Brow lift

M Grant



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13:15–14:15 *Lunch Break*

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14:15–15:30 Lower blepharoplasty with fat transposition M Grant

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15:30–16:00 Midface lift M Grant

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16:00 – 17:00 Tarsal Strip / ectropion / entropion repair M Grant

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17:00 – 17:15 Wrap up and end of Day 1 C Perisanidis, I García  
Recuero

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# Thursday

May 4, 2023

## Module 3

### Facelift, neck lift, and upper lip lift

08:30–10:45 SMAS face & neck lifting G Giessler

10:45–11:00 *Coffee Break*

11:00–12:00 Upper Lip lift G Giessler

## Module 4

### Gender (re-) affirmation and facial feminization surgery

12:00–13:00 Frontal sinus setback – forehead and supraorbital rim contouring  
C Perisanidis  
J Gutiérrez

13:00–14:00 *Lunch Break*

14:00–15:00 Frontal sinus setback – forehead and supraorbital rim contouring  
J Gutiérrez

15:00–16:00 Mandibular contouring  
J Gutiérrez

16:00–17:00 Midface recontouring / Cheek implants  
M Rana

17:00–17:15 Wrap-up and end of Day 2

# Friday

May 5, 2023

## Module 5 Facial nerve and facial palsy

08:30–10:45 Facial nerve dissection N Papadogeorgakis

10:45–11:00 *Coffee Break*

11:00–12:00 Temporalis tendon transfer C Perisanidis

## Module 6 Otoplasty

12:00–13:00 Otoplasty G Giessler

13:00 – 14:00 *Lunch Break*

## Module 7 Rhinoplasty

14:00–17:00 Septorhinoplasty – open approach A Elbarbary, M Burgueño  
Preservation & functional rhinoplasty

17:00–17:30 Wrap up and certificates C Perisanidis, I García Recuero

17:30 End of the course

# Event information

## Organization

Luana Crisara  
Tardisstrasse 199 | 7205 Zizers | Switzerland  
Email [luana.crisara@aofoundation.org](mailto:luana.crisara@aofoundation.org)  
Phone: +41 794157359

## Participants' contact

AO Global Event Services  
E-mail: [aoges.emea@aofoundation.org](mailto:aoges.emea@aofoundation.org)  
Phone: +41 79 437 72 90

## Registration fee

Non Member: 1,980 EUR  
AO CMF Member (5% discount): 1,880 EUR  
AO CMF Member Plus (10% discount): 1,792 EUR  
Included in the course fee are course material, coffee breaks, lunches, course dinner, and course certificates.

## EACMFS Trainee

A refund of 300 Euro is available annually for each EACMFS Trainee Member attending this course as part of Rolling Programme of EACMFS

## Language

English

## European CME accreditation

An application has been made to the UEMS-EACCME® in Brussels for European CME accreditation of this event.

## Event organization compliance

In certain countries where AO has no office but offers educational events, the AO cooperates with third party companies to conduct local organization and logistics, as well as to communicate with participants in the local language. In these cases, the AO has put rules and guidelines in place to ensure that this cooperation has no impact on the curricula, scientific program, or faculty selection.

## AO funding sources

Unrestricted educational grants from different sources are collected and pooled together centrally by the AO. All events are planned and scheduled by local and regional AO surgeon groups based on local needs assessments. We rely on industrial/commercial partners for in-kind support to run simulations/skills training if educationally needed.

# Venue

**Facultad de Medicina, Universidad Autónoma de Madrid (UAM)**  
c/ Arzobispo Morcillo 4  
28029 Madrid, Spain  
T: +34 91 497 54 86  
<http://www.ahnfmed.uam.es/aboutus/contact>

(The main access to the department is at Arturo Duperier, 4 (entrance with a barrier next to the Instituto de Investigaciones Biomédicas -IIB-)



# General information

## Evaluation guidelines

All AO CMF events apply the same evaluation process, which includes pre and post-event online evaluation and on-site written questionnaires. These evaluation tools help ensure that AO CMF continues to meet your training needs.

## Disclosures and conflicts of interest

Disclosure information and potential conflicts of interest (COI) can be viewed at the event webpage: <https://aofoundation.force.com/s/lt-event?id=a1R0800000A6V7i&site=a0a1p00000a7djGAAQ>

## Intellectual property

Event materials, presentations, and case studies are the intellectual property of the event faculty.

All rights are reserved. For more information, please see:

[www.aofoundation.org/legal](http://www.aofoundation.org/legal).

**Recording, photographing, or copying lectures, practical exercises, case discussions, or any event materials is strictly forbidden. Participants violating intellectual property will be dismissed.**



The AO Foundation reserves the right to film, photograph, and audio record during its events. Participants must understand that in this context they may appear in these recorded materials. The AO Foundation assumes participants agree that these recorded materials may be used for the AO's marketing and other purposes, and that they may be made available to the public.

## Security

There will be a security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

## Insurance

The event organization does not take out insurance to cover any individual against accident, theft, or other risks.

## Use of mobile phones

Use of mobile phones is not permitted in the lecture halls or in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

## Dress code

Casual

## Course certificate

In order to receive the AO certificate, it is mandatory to attend the whole course.

## Sponsors

We thank our major industry partner DePuy Synthes for providing an unrestricted educational grant for this event.



# Principles of AO educational events

## 1. Academic independence

Development of all curricula, design of scientific event programs, and selection of faculty are the sole responsibilities of volunteer AO network surgeons.

All education is planned based on needs assessment data, designed and evaluated using concepts and evidence from the most current medical education research, and reflects the expertise of the AO Education Institute ([www.aofoundation.org](http://www.aofoundation.org)).

Industry participation is not allowed during the entire curriculum development and planning process to ensure academic independence and to keep content free from bias.

## 2. Compliance to accreditation and industry codes

All planning, organization, and execution of educational activities follow existing codes for accreditation of high-quality education:

- Accreditation Criteria of the Accreditation Council for Continuing Medical Education, US ([www.accme.org](http://www.accme.org))
- ACCME Standards for Commercial Support: Standards to Ensure Independence in CME Activities ([www.accme.org](http://www.accme.org))
- Criteria for Accreditation of Live Educational Events of the European Accreditation Council for Continuing Medical Education ([www.uems.eu](http://www.uems.eu))

Events that receive direct or indirect unrestricted educational grants or in-kind support from industry also follow the ethical codes of the medical industry, such as:

- Eucomed Guidelines on Interactions with Healthcare Professionals ([www.medtecheurope.org](http://www.medtecheurope.org))
- AdvaMed Code of Ethics on Interactions with Health Care Professionals ([advamed.org](http://advamed.org))
- Mecomed Guidelines on Interactions with Healthcare Professionals ([www.mecomed.org](http://www.mecomed.org))

## 3. Branding and advertising

No industry logos or advertising (apart from the AO Foundation and its clinical divisions) are permitted in the area where educational activities take place.

Sponsors providing financial or in-kind support are allowed to have a promotional booth or run activities outside the educational area with approval from the event chairperson.

## 4. Use of technologies and products in simulations

In case simulations are chosen as an educational method to educate skills, we only use technology approved by the AO Technical Commission—a large independent group of volunteer surgeons developing and peer reviewing new technology.

More information about the AO Technical Commission and its development and approval processes can be found on the AO's website: [www.aofoundation.org](http://www.aofoundation.org).

## 5. Personnel

Industry staff members are not permitted to interfere with the educational content or engage in educational activities during the event.



# AO CMF membership

## Join the number one network for oral and craniomaxillofacial experts



The graphic features a stylized human head profile on the left, composed of a grid of dots and lines. The text "Membership Benefits" is overlaid on the head. To the right, a vertical list of five circular icons is connected by a white line. Each icon is accompanied by a label: a network icon for "Network", a group of people for "Fellowships", a graduation cap for "Educational tools", a star for "Impact", and a dollar sign for "Savings".

**Membership Benefits**

- Network
- Fellowships
- Educational tools
- Impact
- Savings

**Sign up** for membership today and start exploring the full array of educational tools we have to offer! Get access to online case discussion groups and locally organized study clubs.



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